READY. SET. SUMMER!
YMCA CAMP LETTS • SUMMER 2020 • OVERNIGHT & DAY CAMP • AGES 6–17
DEAR CAMPER,

At Camp Letts, we believe in the power of creating a home away from home. From the camper experiencing their very first time away from home to the campers that have already been here for a decade, we welcome everyone to be a part of the Camp Letts family.

We work hard every day to give you the best opportunity for fun and growth. Your week is a mix of time spent at the waterfront, adventure course, archery range, pool, and more. From waking up to the sun rising over the water to falling asleep after cabin chats in the evening, you’ll be “campsick” when you leave wishing for it to be summer again.

Our amazingly well-rounded staff come from all over the world to help you create the best experience you can have this summer. With their assistance, you will create your own schedule to make sure you’re doing what you love. By the end of the week, we hope that every camper has tried something new, made a new friend, and had fun! Are you ready to start your summer?

YMCA Camp Letts Staff

DEAR PARENTS & GUARDIANS,

The Y’s summer day and resident camps provide structured opportunities for children to learn life lessons beyond the classroom. For over 160 years, the Y has impacted the lives of millions of children in the Washington, D.C. metropolitan area. As a nonprofit charity organization, the Y’s camps provide services that foster a child’s emotional intelligence, self-confidence, independence, healthy living and environmental awareness. They promote a love for learning and develop compassionate and cause-driven leaders. Our programs prevent summertime learning loss and help to fill the learning gap for over 2,000 children when they are away from the classroom through enrichment programs that encourage reading and STEAM learning. Safety is also an important factor in our staff training. The Y’s staff receives both domestic and international background checks along with continuous training throughout the season, to help staff be better stewards of your child’s safety and well-being.

From the start of camp until the end, your child becomes a vital part of a caring community. That’s what makes the Y special. Our doors are open to everyone so that together children can grow into adulthood with confidence and a passion for giving back to the community.

Have a great summer and remember The Y. “For a Better Us.”

Angie L. Reese-Hawkins
President & CEO
YMCA of Metropolitan Washington
By creating a safe and caring environment where campers choose their daily programs, Camp Letts makes kids feel important, and you will see their confidence and sense of independence grow. We get to see their delight when they try something for the first time, something they chose to do for themselves, and you will hear their excitement as they tell you all about it on Friday.

From the initial cabin meeting to our Friday awards ceremony, all of our activities are values-driven. Whether it’s one of our many field sports, being down at the waterfront, or arts and crafts, all of our activities promote Caring, Honesty, Respect and Responsibility. Our parent feedback shows that in just a single week at Camp Letts, campers show increased independence and a desire to try new things.

**SUMMER 2020 OPEN HOUSE DATES:** December 8, January 19, February 9, March 15, April 5, May 3

Join us between 2:00 pm – 4:00 pm to get a tour of Camp from one of our expert staff. There is no need to make an appointment. Tours leave from the Dining Hall every 15 to 20 minutes.

**CAMP DAY: JUNE 7TH**

From 2:00pm – 4:00pm, meet your counselors, teach your family our camp activities, take a tour, and so much more.

**CAMP LETTS ALUMNI DAY: JUNE 7TH**

From 12:00pm – 2:00pm, reminisce over times gone by with friends old and new. Enjoy an outdoor cookout, participate in your favorite camp activities, meet the 2020 summer staff, and discover what’s new at Camp Letts.
YMCA MEMBER DISCOUNT: $50 per week.

SIBLING DISCOUNT: $50 per week for 2nd and subsequent campers (both campers must reside at the same address).

CHANGE OVER WEEKEND: $100 per weekend (camper must be enrolled in the camp sessions before and after the changeover weekend).

OVERNIGHT TRY OUT CAMP FEES
See page 4 for program details.

<table>
<thead>
<tr>
<th>YMCA MEMBER</th>
<th>NON MEMBER</th>
</tr>
</thead>
<tbody>
<tr>
<td>$305</td>
<td>$335</td>
</tr>
</tbody>
</table>

LIT & CIT PROGRAM FEES
See page 9 for program details.

| Counselors in Training | June 21–July 17 | $1,699 |
| Leaders in Training   | July 26–Aug 7   | $1,599 |

DAY CAMP FEES

<table>
<thead>
<tr>
<th>THURSDAY NIGHT SLEEP OVER</th>
<th>THURSDAY DINNER &amp; CAMP FIRE ONLY (pick up at 9:30pm)</th>
</tr>
</thead>
<tbody>
<tr>
<td>$295</td>
<td>Additional $50</td>
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<tr>
<td>Additional $50</td>
<td>Additional $30</td>
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</tbody>
</table>

YMCA MEMBER DISCOUNT: $25 per week. Regular Day Camp hours are 9am–4pm. Extended hours of 7am–6pm are available at no extra cost. See pages 5–6 for program details.

TRANSPORTATION FEES

| YMCA Calomiris or YMCA Silver Spring | $50 each way |

Buses depart on Sunday from Silver Spring at 12:30pm, and depart from Calomiris at 1:00pm. Buses arrive on Friday at Calomiris at 2:00pm and Silver Spring at 2:30pm.

SESSION DATES

<table>
<thead>
<tr>
<th>SESSION 1 (Hawaiian Week)</th>
<th>June 14–19</th>
<th>OVERNIGHT TRY OUT CAMP</th>
<th>June 15–19</th>
</tr>
</thead>
<tbody>
<tr>
<td>SESSION 2 (Pirate Week)</td>
<td>June 21–26</td>
<td></td>
<td>June 22–26</td>
</tr>
<tr>
<td>SESSION 3 (Olympic Week)</td>
<td>June 28–July 3</td>
<td>June 28–June 30</td>
<td>June 29–July 3</td>
</tr>
<tr>
<td>SESSION 4 (Wild West Week)</td>
<td>July 5–10</td>
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<td>July 6–10</td>
</tr>
<tr>
<td>SESSION 5 (Super Hero Week)</td>
<td>July 12–17</td>
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<td>July 13–17</td>
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<tr>
<td>SESSION 6 (Fairy Tale Week)</td>
<td>July 19–24</td>
<td></td>
<td>July 20–24</td>
</tr>
<tr>
<td>SESSION 7 (Hollywood Week)</td>
<td>July 26–31</td>
<td></td>
<td>July 27–31</td>
</tr>
<tr>
<td>SESSION 8 (Halloween Week)</td>
<td>Aug 2–7</td>
<td></td>
<td>Aug 3–7</td>
</tr>
<tr>
<td>SESSION 9 (Color War)</td>
<td>Aug 9–14</td>
<td></td>
<td>Aug 10–14</td>
</tr>
<tr>
<td>SESSION 10 (Day Camp Only)</td>
<td>Aug 17–21</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

ADD-ON PROGRAM FEES (OVERNIGHT AND DAY CAMPS)
See pages 11–14 for program details.

| Sailing 1 | $150/week |
| Sailing 2 | $150/week |
| Sailing 3 | $150/week |
| Water Skiing & Wake Boarding | $200/week |
| Horse Masters | $200/week |
| Trail Ride | $35/ride (one per Camper) |
| Paintball | $200/week |

Due to camp scheduling, campers are limited to participating in one add-on program per week and one trail ride per week.

Add-on programs sell out quickly and should be added at the time of registration. Call the office at 410–919–1400 to confirm availability.

TO REGISTER
visit www.ymcadc.org and click on the Easy to Enroll icon.
TRY OUT CAMP • AGES 6–8

Drop Off Sunday 1:00–3:00 pm | Pick Up Tuesday 4:00–6:00pm

Try Out Camp is specifically designed for first time campers. This two night, three day stay is perfect for your first adventure away from home. It’s a great way to explore all the things that Camp has to offer.

Let our staff take you and your bunk mates on a three day exploration of everything that makes Camp Letts so memorable. Canoe the Rhode River, enjoy a pony ride, learn a new sport, create a masterpiece at Arts & Crafts, and make some new friends. We'll take you sea sledding, swimming at the pool, and teach you camp songs all while having a blast!

SUNDAY

1:00–3:00 pm Camper Drop Off/Check In
3:00 pm Swim Assessment, Cabin Orientation, Camp Tours
5:45 pm Evening Colors (Lowering the Flag)
6:00 pm Dinner
7:00 pm Field Sports (during overnight camp activity fair)
8:00 pm Opening Campfire (with overnight camp)

MONDAY

7:45 am Morning Colors (Raising the Flag)
8:00 am Breakfast
9:15 am Activity: Tie Dye
10:15 am Activity: Gaga Ball
11:15 am Activity: Canoes
12:30 pm Lunch
1:30 pm Activity: Sea Sled
2:30 pm Siesta
3:30 pm Activity: Pony Rides
4:30 pm Activity: Archery
5:45 pm Evenings Colors (Lowering the Flag)
6:00 pm Dinner
7:00 pm Fiesta
7:45 pm Crew Activities
9:00 pm Showers & Cabin Chats
10:00 pm Lights Out

TUESDAY

7:45 am Morning Colors (Raising the Flag)
8:00 am Breakfast
9:15 am Activity: Group Activities
10:15 am Activity: Pool
11:15 am Activity: Waterfront Activities
12:30 pm Lunch
1:30 pm Activity: Group Activities
2:30 pm Siesta
3:30 pm Cabin Clean Up & Pack Up
4:00–6:00 pm Camper Pick Up/Check Out
DAY CAMP • AGES 6-13

Drop Off 8:30–9:00am | Pick Up 4:00–4:30pm

Tired of doing the same thing all summer? It’s time for you to unplug and reconnect to the possibilities all around you! At Day Camp, you’ll be able to try something new, make new friends and have fun while you spend time exploring the outdoors.

What makes Camp Letts a thrilling adventure is that you get to choose what you do every day! One day you might decide to experience archery, basketball, and canoeing. The next day you might wish to play street hockey, go to drama, and play soccer. In fact, you can participate in 15 different activities and still have to come back another week to try everything you missed.

Do you enjoy being on the water? Then take your adventure onto the Rhode River! Take a ride on the sea sled or canoe, or sign up for water skiing or wake boarding.*

*Parents please read waterfront activity restrictions on page 14. Water skiing and wake boarding are paid add-ons, please see page 3 for pricing.

THURSDAY NIGHT SLEEPOVER & CAMP FIRE

Every Thursday night, we have an optional Day Camp Sleepover. Join the overnight campers for dinner and the closing camp fire. It’s like a giant party, where all the day campers spend the night camped in Fisher Hall or the Boat House. We will then feed you breakfast and lunch on Friday. Staying overnight on a Thursday is a great way to practice for a full week of overnight camp! Younger campers not ready to spend the night can also join us for all the fun of dinner and the closing camp fire! (Pick up is at 9:30pm)

DAY CAMP SCHEDULE  MONDAY – THURS

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00–8:30am</td>
<td>Extended Morning Hours – Early Camper Drop Off</td>
</tr>
<tr>
<td>8:30–9:00am</td>
<td>Morning Check In</td>
</tr>
<tr>
<td>9:05–10:00am</td>
<td>Activity Period 1</td>
</tr>
<tr>
<td>10:05–11:00am</td>
<td>Activity Period 2</td>
</tr>
<tr>
<td>11:05–11:25am</td>
<td>Announcements and Cheers</td>
</tr>
<tr>
<td>11:30am–12:25pm</td>
<td>Lunch</td>
</tr>
<tr>
<td>12:35–1:30pm</td>
<td>Specialized Camp Activities: Canoes, Sea Sled, Zip Line, Pony Rides, Camp Wide Games, Tie Dye, Archery</td>
</tr>
<tr>
<td>1:35–2:20pm</td>
<td>Min’esta (Mini Fiesta)</td>
</tr>
<tr>
<td>2:25–3:50pm</td>
<td>Pool (includes transition to and from the pool)</td>
</tr>
<tr>
<td>3:50–4:00pm</td>
<td>Snack Time</td>
</tr>
<tr>
<td>4:00–4:30pm</td>
<td>Camper Pick Up Begins</td>
</tr>
<tr>
<td>4:30–6:00pm</td>
<td>Extended Afternoon Hours – If registered for Extended Hours: campers must be picked up by 6:00pm</td>
</tr>
</tbody>
</table>

FRIDAY AFTERNOON

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>11:30am–12:25pm</td>
<td>Lunch</td>
</tr>
<tr>
<td>12:35–1:30pm</td>
<td>Specialized Camp Activities</td>
</tr>
<tr>
<td>1:35–2:20pm</td>
<td>All Camp Activity</td>
</tr>
<tr>
<td>2:25–3:20pm</td>
<td>Pool (includes transition to and from the pool)</td>
</tr>
<tr>
<td>3:30–4:00pm</td>
<td>Awards Ceremony</td>
</tr>
<tr>
<td>4:00–4:30pm</td>
<td>Camper Pick Up Begins</td>
</tr>
<tr>
<td>4:30–6:00pm</td>
<td>Extended Afternoon Hours – If registered for Extended Hours: campers must be picked up by 6:00pm</td>
</tr>
</tbody>
</table>

*Parents please read waterfront activity restrictions on page 14. Water skiing and wake boarding are paid add-ons, please see page 3 for pricing.
ADD ON ACTIVITIES

Campers that are enrolled in Horse Masters, Paintball, Sailing One or Sailing Two will participate in these activities from 9:15 am – 12:15 pm. Day Campers will eat lunch upon returning from their add on activity. Water Skiing and Wake Boarding participants will be assigned to a morning activity period in advance and be able to choose an activity for their other period.

CAMP IS ALL ABOUT ADVENTURE. HOW ABOUT AN ADVENTURE THAT TAKES YOU INTO THE FUTURE?

That’s what happens at the YMCA of Metropolitan Washington’s Annual THINGAMAJIG® Invention Convention! **During the final week in July,** Day Campers have an opportunity to compete for prizes in the THINGAMAJIG Invention Convention, by creating inventions today that will revolutionize tomorrow. Day Campers will then have the opportunity to attend THINGAMAJIG, a full day of fun, excitement, hands-on science, technology, invention, physical challenges, and a whole lot more.

Campers can also take part in the THINGAMAJIG Presidential Team Challenge, an on-site event that tasks teams of young people to create inventions and compete in an on-the-spot invention challenge. There is a huge physical fitness playground and obstacle course, a healthy Children’s Organic Garden, a Trashion Fashion Show, a talent show, and many more activities planned to keep children engaged in a full day of fun.
OVERNIGHT CAMP • AGES 6–16

Drop Off Sunday 1:00–3:00pm | Pick Up Friday 4:00–6:00pm

At Camp Letts, you set your activity schedule yourself. We give you the independence to choose the activities that will become your personal schedule for the week.

**MORNING ACTIVITIES:** On Sunday night, you will choose up to three activities which will become your morning schedule. These activities are your chance to learn a new skill or master an old one. Over 5 progressive lessons, our staff will help you unearth talents you might not even know you have.

**CABIN ACTIVITIES:** During Cabin Activity Periods, you will stay with your bunk mates and engage in our wide variety of specialized camp activities like Archery, Zip Lining, Swimming, Tie-dye, and Sea Sled!

**EVENING ACTIVITIES:** The evenings are time for camp-wide games, camp fires, and the dance! But most importantly, it can be your Crew’s chance to win valuable Crew Cup points.

**MEALS:** Three times a day, you will have some of the craziest experiences of your summer! Meal times at Camp Letts have to be heard to be believed. It’s almost impossible to describe the excitement. Why? Because in addition to healthy food that tastes too good to be “camp food,” you will have to sing, shout and, cheer your way to Crew Cup victory.

**ACTIVITY FAIR**

During the Activity Fair on Sunday evening, you will choose your weekly activities.

The First, Second and Third Activity Periods each day are devoted to the acquisition of new skills and the mastery of old ones. You will choose up to three activities (some activities, like the High Adventure Course and Free Swim, are double periods) which you will participate in all week. Under instruction from our staff, you will be able to learn everything about your chosen activities, and go home an expert.

For the Elective Activity Period, you will be able to choose four unique activities; a different one each day. This is your opportunity to try something you may never have tried before: something new and exciting!
**SUNDAY**

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1:00–3:00pm</td>
<td>Camper Drop Off</td>
</tr>
<tr>
<td>3:00–5:45pm</td>
<td>Swim Evaluations, Cabin Orientation and Camp Tours</td>
</tr>
<tr>
<td>5:45–6:00pm</td>
<td>Evening Flagpole</td>
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<tr>
<td>6:00–7:00pm</td>
<td>Dinner</td>
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<tr>
<td>7:00pm</td>
<td>Activity Fair and Camp Fire</td>
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</tbody>
</table>

**MONDAY–THURSDAY**

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:45–8:00am</td>
<td>Morning Flagpole</td>
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<tr>
<td>8:00–9:00am</td>
<td>Breakfast</td>
</tr>
<tr>
<td>9:15–10:15am</td>
<td>First Activity Period</td>
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<tr>
<td>10:15am–11:15am</td>
<td>Second Activity Period</td>
</tr>
<tr>
<td>11:15am–12:15pm</td>
<td>Third Activity Period</td>
</tr>
<tr>
<td>12:30–1:30pm</td>
<td>Lunch</td>
</tr>
<tr>
<td>1:30–2:30pm</td>
<td>Siesta</td>
</tr>
<tr>
<td>2:30–3:30pm</td>
<td>Elective Activity Period</td>
</tr>
<tr>
<td>3:30–5:45pm</td>
<td>Cabin Activity</td>
</tr>
<tr>
<td>5:45–6:00pm</td>
<td>Evening Flagpole</td>
</tr>
<tr>
<td>6:00–7:00pm</td>
<td>Dinner</td>
</tr>
<tr>
<td>7:00–7:45pm</td>
<td>Fiesta</td>
</tr>
<tr>
<td>7:45–9:00pm</td>
<td>Evening Programming</td>
</tr>
<tr>
<td>(or later)</td>
<td></td>
</tr>
<tr>
<td>9:00–9:45pm</td>
<td>Showers and Cabin Chats</td>
</tr>
<tr>
<td>10:00pm</td>
<td>Lights Out Begins</td>
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</tbody>
</table>

**FRIDAY**

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:45–8:00am</td>
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<td>First Activity Period</td>
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<tr>
<td>10:15am–11:15am</td>
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<tr>
<td>11:15am–12:15pm</td>
<td>Third Activity Period</td>
</tr>
<tr>
<td>12:30–1:30pm</td>
<td>Lunch</td>
</tr>
<tr>
<td>1:35–2:20pm</td>
<td>All Camp Activity</td>
</tr>
<tr>
<td>2:20–3:30pm</td>
<td>Cabin Clean Up and Pack Up</td>
</tr>
<tr>
<td>3:30–4:00pm</td>
<td>Awards Ceremony</td>
</tr>
<tr>
<td>4:00–6:00pm</td>
<td>Check Out</td>
</tr>
</tbody>
</table>

**ACTIVITIES & SCHEDULE**

Our **Add-On Activities** occur usually during morning sessions and replace the First, Second, and Third Activity Periods. Campers that are enrolled in Horse Masters, Paintball, Sailing One or Sailing Two will be limited to making afternoon activity selections only. Sailing Three occurs from after lunch to lowering the flag in the evening, and therefore replaces the Elective and Cabin Activity Periods. Water Skiing and Wake Boarding participants will be assigned a morning activity period in advance, and choose the other two open periods.

**CHOOSE YOUR OWN ADVENTURE! WHICH ACTIVITIES WILL YOU CHOOSE?**

- Archery
- Basketball
- Canoeing
- Dance
- Fort Building
- Gaga Ball
- Horseback Riding
- Ninja Obstacles
- Sailing
- Soccer
- Street Hockey
- Swimming
- Tennis
- Volleyball
- Wood Burning
- Yoga
- Zumba
- Arts & Crafts
- Camp Fire Cooking
- Creative Writing
- Drama
- Friendship Bracelets
- High Adventure Course
- Kayaking
- Orienteering
- Paintball
- Sea Sled
- Stand Up Paddleboarding
- Survival Skills
- Team Games
- Ultimate Frisbee
- Water Skiing/Wake Boarding
- Zip Line
- And More!!!
COUNSELOR IN TRAINING (CIT) PROGRAM*

*Age 17 or upon completion of high school junior year

Our Counselor in Training (CIT) program just keeps getting better. At Camp Letts CITs are enrolled in a four week, intensive residential program. During the first two weeks, you will go through training similar to our camp staff. Classroom and practical lessons will help you understand how Camp Letts is able to create a memorable experience for every camper. This experience of a lifetime results in friendships you’ll treasure forever!

During your time with us, you’ll become part of the camper-centered community that is Camp Letts, learning just how we make the experience special for each kid. Through regular training sessions, we will assist with the development of practical skills that will transfer to a host of future roles: from daily life, through college, and on to positions of employment.

Under the guidance of our dedicated leadership training staff, CITs will be exposed to a range of scenarios that will prepare you to be a senior camper with leadership responsibilities. Specific areas of attention include creating positive first impressions, the cultivation of friendships, customer service, and the role of the counselor in assisting campers to develop independence. Successful participants in the CIT program are actively encouraged to apply as staff the following summer.

LEADERS IN TRAINING (LIT) PROGRAM*

*Age 16 or upon completion of high school sophomore year

Are you ready to become a camp leader? Join our leadership training staff for 2 weeks of leadership development, with all the fun of Camp. Through progressive lessons that center on leadership, you will use activities such as group discussion, team development, and practical exercises to explore and develop your new skills. You will also complete tasks on problem-solving, communication, program planning and conflict resolution, all while still enjoying a camper experience.

Enjoy additional opportunities to participate in fun and challenging team building activities, which facilitate the development of a strong, cohesive group of lifelong friends.

*Please note that while many of our American LITs and CITs are former Campers, this is not a prerequisite for enrollment. International LITs and CITs, however, must have previously been Campers or LITs at Camp Letts to participate in the LIT or CIT programs. Camp Letts is a screen-free zone. LITs and CITs will not be able to use their cells phones during their stay at camp. Cell phones should be left at home, or given to a staff member upon arrival.
This year, like the six years before it, Session 9 will be the Color War. Color War is Camp Letts’ closing event, and for many, the highlight of the summer! Held during the final overnight session in August, Color War is always the first session to sell out!

The week begins with the announcement of our Red Team and Blue Team Captains and ends on Friday at the Awards Ceremony. After a week of team games and mini competitions, it culminates in the announcement of the winning team!

Every day it’s something new, but no matter if it’s Red or Blue that triumphs, all the events embody our four core values of Caring, Honesty, Respect and Responsibility.

WILL RED KEEP THE STREAK ALIVE IN 2020?
HORSE MASTERS® • AGES 8–16

Horse Masters riding program is designed for all skill levels. An exciting mix of riding and horsemanship, campers will learn grooming, tacking up, horse care, and general first aid. In the ring, you will learn to have a strong seat and legs for a secure riding position. Once you have that, you can progress to a jump position, cantering on the correct lead, and maybe even jumping! Horse Masters will also participate in a weekly trail ride.

Horse Masters requires participants to wear long pants and footwear with a raised heel. Helmets are provided.

TRAIL RIDES® • AGES 8–16

Our experienced equestrian staff will lead you on a ride through our wooded trails. This is an excellent introduction to riding, and a great way to see some of the less visited areas of camp.

PONY RIDES

Day Campers and Try Out Campers have the opportunity to participate in a pony ride during their stay at Camp. This short ride requires no specialized equipment, and is a fun introduction to horses.

*Horse Masters and trail rides are paid add-ons. Spaces in both programs are limited, and often sell out before the start of summer. Early registration for both of these programs is essential. See page 3 for pricing.
HIGH ADVENTURE COURSE

When you’re on our ropes course, things start to look a little different. That’s because being 35 feet in the air changes your perspective. Step out of your comfort zone, and with the help of our skilled instructors, overcome challenges that you previously thought impossible.

The High Adventure Course is only available to overnight campers.

No extra cost: The cost of the ropes course is included in the registration fee for Overnight Camp. Campers must wear shoes with a closed heel and toe to participate.

ZIP LINE

There is nothing more exciting at Camp than flying through the trees on our Zip Line. At 250 feet long, the Zip Line is sure to get your heart racing and confidence flying.

No extra cost: The cost of Zip Line is included in the registration fees for Overnight and Day Camp. Campers must wear shoes with a closed heel and toe to participate.

The Camp Letts High Adventure Course and the Zip Line are inspected annually by The Adventure Network, and meet all standards set by the ACCT (Association for Challenge Course Technology). Our Adventure Instructors are trained by The Adventure Network to meet the standards set by the ACCT for high adventure staff.

PAINTBALL* • AGES 11–16

Paintball is a nonstop, action-packed activity for our older campers. Each of your five, 3-hour lessons begins with a clinic, where you will improve your skills and learn tactics from one of our instructors. You will then divide into teams and play one of the many themed games on our wooded course. Our program focuses on individual and team tactics, problem-solving, group communication, and having a great time!

We provide paintball markers, protective masks, and paint. No matter your level of paintballing experience, our classes are thrilling and guaranteed to help you push your limits.

*Paintball is a paid add-on and spaces are limited. Early registration is recommended. Camp provides all the personal protective equipment required for paintball; however, we recommend that campers wear both long pants and a long-sleeve shirt. Shoes with closed toe and heel must be worn at all times on the paintball course. See page 3 for pricing.

ARCHERY

Calling all Katniss, Legolas, Merida and Robin Hood fans!

Ready to hone your skills on our archery range? Or maybe you’re new to the world’s oldest sport. Either way, our instructors are ready to teach everything you need to split an arrow down the middle Hollywood-style!

No extra cost: The cost of Archery is included in the registration fees for Overnight and Day Camp.
INTRODUCTION TO SAILING

Available as an afternoon elective, Introduction to Sailing will give you your first taste of the open water. We will take you onto the river, where you will learn from our experienced staff about what makes a boat glide gracefully through the water. Taught in small groups, this program is about learning the basic principles of sailing while having fun.

SAILING ONE

New to sailing? No worries. In Sailing One, our staff will help you build your confidence and your sailing skills. Our staff are expert sailors and expert instructors. They will even be able to adapt their lessons to your learning style, creating an efficient and engaging learning experience that will have you zipping across the water in no time.

SAILING TWO

For those of you who understand the basics of sailing and are now ready to get serious, Sailing Two is your first step to sailing single-handed. Campers should know the basics of rigging, boat handling, and points of sail before enrolling in Sailing Two. Sailing Two is an exciting opportunity to explore the water around Camp. There is no better place to improve your wind awareness, learn about the effects of tide and currents, and the finer points of sailing. Sailing Two is your first step on a true sailing adventure.

SAILING THREE

It’s time to race! Sailing Three is for advanced sailors, and is all about getting you ready to compete. This level of sailing introduces race tactics, starts, and mark rounding. At this level you will spend most of your time on the water refining your skills and preparing to race in a regatta. Sailing Three takes place in the afternoons to take advantage of the favorable wind conditions.

STAND UP PADDLE BOARDING

Join us for our newest waterfront activity: stand up paddle boarding! Practice your balance as you stand atop one of our paddle boards. Our trained and experienced staff will get you to expert level in no time. You’re sure to have fun as you cruise around our waterways. Prepare to get wet!
CANOES AND KAYAKS

Launch onto the Rhode River and let the adventure begin. Journey to Monster Island on Bear Neck Creek, paddle around Flat Island to Sellman Creek, or explore the abundance of coves and inlets we have around us!

Learn to paddle, take part in capsize drills and perform a T-rescue—or just join our experienced instructors for an afternoon trip around our beautiful peninsula with your new friends. The choice of adventure is up to you!

WATER SKIING AND WAKE BOARDING*

Hit the water with our Water Skiing and Wake Boarding instructors! Whether it’s your first time or you’re a free style pro, our highly trained staff are ready for you. Our program concentrates on individual skill progression and a true belief that anyone can learn to ski!

SEA SLED

Race across the water on one of our giant inflatable sea sleds. Each camper will get the opportunity to experience the thrill of being pulled by one of our ski boats.

* Sailing One, Sailing Two, Sailing Three, Water Skiing and Wake Boarding are paid add-ons.

SWIM SAFETY PLEASE READ CAREFULLY

Safety is always our first priority. Life vests must be worn at all times during waterfront activities. YMCA Camp Letts recommends that campers wishing to participate in waterfront activities be taken to a swimming pool to build confidence in the water prior to arriving at Camp Letts. Refunds cannot be given to campers who are unable to participate in paid waterfront activities due to swimming ability.
STAFFING AND CAMPER SUPERVISION
YMCA Camp Letts recruits highly skilled individuals whose warmth, maturity and leadership have made them stand out. Our diverse staff consists of counselors from many different states and countries. All staff go through an extensive screening process including interviews, multiple character references and fingerprinting by the state police and the Child Protective Services. All international staff are interviewed and vetted by the State Department as part of their visa application process. All staff have passed background checks in their country of origin that meet MD State, Federal and Interpol standards. Staff are selected based on their command of the English language and child care experience. The administrative staff of YMCA Camp Letts is available to assist campers and their families year-round. Our goal for the summer is that every camper leaves Camp Letts with an experience that will have them counting down the days until next year. Caring, Honesty, Respect and Responsibility are the YMA's core values, and are modeled by all of our staff.

LODGING
Campers live in gender and age-appropriate groups with their counselors. A minimum of one counselor is assigned to every ten campers. Cabins are not air conditioned. All cabins have indoor plumbing, except for the oldest boys’. These campers live in our Rustic Cabins and use the bathrooms in our nearby pool-house and shower block. We allow for one bunk mate request per camper and both campers must make the matching request. Please make bunk mate requests on the registration form. Bunk mates must be within one year of each other in age and the older camper will always move to a younger cabin if necessary. While we do our best to accommodate campers’ wishes, bunk mate requests cannot be guaranteed. All bunk mate requests should be made at least two weeks before the start of the camper’s first session.

MEALS
We know that kids who are well-nourished will get the most out of their camp experience. That’s why we serve three healthy, well-balanced meals daily following Y-USA’s HEPA (Healthy Eating, Physical Activity) standards. Our kids stayed fueled for the day because we provide fruits, vegetables, whole grains, lean proteins and family-style meals in our clean, spacious Dining Hall. We always include low fat milk, a salad bar, and a variety of vegetarian options. Most dietary requirements can be met. Call us in advance if you have any questions or would like to discuss the needs of your camper. Camp Letts tries to be a peanut-free facility. Please do not send your camper with foods containing peanuts.

SAFETY
Campers are allowed every possible freedom within the limits of safety. However, as YMCA Camp Letts sits on a peninsula, aquatic safety is of the utmost importance. Each camper’s swimming skills are evaluated on the first day of camp. All resident campers who receive our beginner swim band color (RED) will be encouraged to participate in our Swim Safety Program. The goal of the Swim Safety Program is to encourage campers to increase their level of comfort in and around water and to help them advance to the next swim band level. There is no additional charge for participating in the Swim Safety Program. We encourage all campers to swim prior to coming to camp so that they are able to swim approximately 50 yards (150 feet) without assistance or stopping, and be able to tread water for one minute. In the case of heat or inclement weather advisories activity schedules may be changed to ensure the safety of our campers. All efforts will be made to make up any missed programming.

CAMP STORE
Please add money into your camper’s Camp Store account at the time of registration. The minimum amount to add is $5 and store money can be used to purchase snacks and souvenirs from the Camp Store during the week. This account is used to purchase items from the Camp Store only. Money is automatically carried over if your camper is staying with us for multiple weeks. We ask any remaining money at the end of each camp session be donated to our 2020 Caring for Community fund. This fund enables children, who would otherwise be unable to attend YMCA Camp Letts, to attend through our scholarship program.

CHANGEOVER WEEKEND
Campers staying for multiple, consecutive sessions may choose to stay at camp for the weekend rather than check out on Friday. The cost of this changeover weekend is $100 per weekend. Campers will participate in special games and activities. Laundry service will only be provided for campers staying for more than 2 consecutive sessions upon request.

TRANSPORTATION
Bus service for Overnight Campers is available between Camp Letts and the YMCA branches at Silver Spring (9800 Hastings Drive, Silver Spring, MD 20901) and Calomiris (1906 Allison Street, NE, Washington, DC). Transportation is $50 one-way, $100 roundtrip. Transportation should be selected at the time of registration and must be confirmed 10 days prior to your camper’s departure to camp. Sunday transportation leaves Silver Spring at 12:30pm and Calomiris at 1:00pm. Friday transportation will return to Calomiris at 2:00pm and Silver Spring at 2:30pm. Transportation times are approximate and subject to change due to traffic congestion. Camp will confirm travel arrangements the Thursday prior to travel. Campers using Friday transport must be met at the bus by their parent or guardian.

Camp Letts does not offer transportation from local airports. Families of Campers arriving at local airports must make their own travel arrangements to and from Camp.

CELL PHONES AND ELECTRONIC DEVICES
It is our desire to keep camp an electronics free zone. We want campers to enjoy the moment and make new friends at camp without the distractions of social media and the intrusions of digital technology. (Camp Letts will always arrange for campers to make necessary phone calls.) Electronic devices are not permitted at camp and will be confiscated and returned to campers upon checkout. Campers using a cell phone or electronic devices at camp may be grounds for dismissal.

PHONE CALLS
Use of the telephone by campers is discouraged. Special arrangements are always made for emergencies.

REGISTRATION AND CAMP FEES
A non-refundable registration fee is required to reserve a space for each camp session. Overnight Camp: $150, Day Camp and Try-Out Camp: $50. The balance of the camp session fee, including camp store money and costs of all add-on activities must be paid in full no later than two weeks prior to the start of the camp session. Returned checks or insufficient funds following electronic funds transfer are subject to a $25 fee.

PAYMENT PLANS, SCHOLARSHIPS AND FINANCIAL ASSISTANCE
American Express, Discover, MasterCard, and Visa Cards are accepted for registration and payments. After payment of your deposit your remaining balance can be broken into more manageable payments. You may set up an electronic funds transfer (EFT) from your credit card. All camp sessions must be paid in full two weeks prior to the arrival of your camper.

YMCA Camp Letts strives to make its services available to all families. To apply for partial financial assistance, call 410-919-1400. Completed financial assistance applications must be received before April 15, 2020. Financial assistance is made possible by the YMCA’s Caring for Community fund.

If your child does not have a current membership with a branch of the YMCA of Metropolitan Washington, the non-member fee will apply automatically. Any changes made from the original application must be in writing and accompanied by a $25 change fee.
REFUNDS
Refunds are NOT available for the following reasons: dismissal, homesickness, late arrival or voluntary withdrawal. If it is deemed advisable by our medical staff to send a camper home due to medical reasons, a parent can request a pro-rated refund. A camper is expected to enter camp at the beginning of a session and to remain until the end of that session. No reduction in fees can be made for late arrivals or early departures. There will be no refunds for "no shows" or cancellations made within 2 weeks of the session start date unless accompanied by a Physician's note. No refunds can be given for activities canceled due to weather or water conditions. The YMCA reserves the right to refuse any applicant and to cancel any registration. Campers are to cooperate with staff and behave in a manner outlined in the parent handbook. Behavior deemed inappropriate may result in dismissal from camp.

CAMPER PAPERWORK
All camper information must be completed at least 2 weeks prior to the campers’ arrival. After registration, you will receive a link with further instructions. If you do not receive this link please contact Camp Letts at 410-919-1400. Paperwork will only need to be completed for each camper once per summer unless there are changes to be noted.

HEALTH CARE
Our Health Center staff are certified medical personnel with a registered nurse on call at all times. All staff members are trained in emergency procedures and certified in First Aid and CPR. Additional medical facilities and emergency services are only minutes away in nearby Annapolis.

It is assumed that your camper is a healthy child in good physical condition and mentally able to participate fully in the program unless otherwise stated in writing to the Camp Director. Campers must be examined by a physician within 12 months prior to their arrival at camp and the results must be recorded on the form provided by YMCA Camp Letts. Maryland State Law (COMAR) requires that all campers attending YMCA Camp Letts have a completed health form signed by a parent by the camper’s first day at camp. Campers are not allowed to attend camp without a completed health form. The health form and copy of your insurance card must be included with your confirmation packet. If a camper needs special medical treatment, medication, hospital care, or physician’s service during their camp session, his/her parents or legal guardian will be responsible for these payments.

Medications for campers can only be administered by camp if the appropriate Medication Administration Authorization form accompanies the medication. This includes any over-the-counter medications, supplements, and/or prescription medications.

INSECT PREVENTION PROGRAM
At YMCA Camp Letts, we care deeply about each camper’s safety and comfort during their visit to our camp. Among other safety procedures, we have implemented and invested in a very proactive insect prevention system. Each residential building undergoes a regularly scheduled and rigorous inspection combined with heat treatments and environmentally safe chemical treatments by a professional extermination company. Most insects (including bed bugs) cannot withstand temperatures of more than 130 degrees Fahrenheit. This combination of environmentally safe chemical and heat treatments creates a very comprehensive and aggressive prevention system that underscores the fact that we are taking the business of insect eradication very seriously. One thing parents can do to help Camp Letts remain insect-free is to place all belongings, including sleeping bags and bedding that your child will be bringing to camp, in the clothes dryer for 40 minutes on high heat.

If you are interested in more information regarding our insect prevention program or any safety programs related to our camp, contact Paul Stark, Vice President of Operations and Property & Facilities at Paul.Stark@ymcadc.org.

WAIVER FORM
An activity waiver must be signed by the parent or guardian of each camper. Any camper may have his or her photograph taken during the course of the activities and it is understood that YMCA Camp Letts has permission to use such photos for promotion and various publications unless otherwise indicated on the participant waiver.

LOST ARTICLES
All camper personal items left at camp at the end of each session are bagged and stored until the Friday after your camper’s session has ended. Please label all of your camper’s belongings. We recommend not sending new and/or valuable items to camp due to the possibility of being lost or left behind.

CAMPER EMAILS AND CARE PACKAGES
Mail and care packages can be sent to PO Box 208, Edgewater, MD 21037. Please write your camper’s name in full with the session number above the address. Mail and packages should be mailed by the Thursday before your camper arrives. Alternatively, you can bring mail and packages with you to registration and deposit them at the store. These will be given to your camper during the week. You can email your camper at Lettscamper2020@gmail.com. Campers do not have the ability to respond to emails. Please do not send peanuts or tree nuts in care packages.

COMMITMENT TO INCLUSION
The YMCA of Metropolitan Washington values diversity and is an inclusive 501(c)(3) nonprofit charity organization. The Y defines inclusion as the deliberate and conscientious effort to be knowledgeable about differences, supportive of others, and active in changing structures that are oppressive to various groups, with the understanding everyone brings valuable skills and abilities to the Y. Inclusion is the day-to-day living of the “for all” part of the YMCA mission statement.

YMCA CAMP LETTS ENDOWMENT FUND
The YMCA Camp Letts Endowment Fund was established to continue the legacy of the YMCA summer camping programs for generations to come. Charitable donations to the YMCA Camp Letts Endowment (including planned giving) support the Camp’s enduring traditions. Gifts provide much needed revenue to enhance camp programs, grant scholarships, and maintain or improve facilities. For additional information or to make a gift please contact Andrew Mason, 410-919-1411, or Andrew.Mason@ymcadc.org.

PROGRAM CHAMPIONS
YMCA Camp Letts would like to thank Annapolis Subaru for being YMCA Program Champions. Their generous support allows us to continue to provide services and programs that nurture the potential of kids and teens.
### YMCA Camp Letts 2020 Spirit Days

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
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<tbody>
<tr>
<td><strong>Week 1</strong>&lt;br&gt;June 14–19&lt;br&gt;Hawaiian Week</td>
<td>Tie Dye Tuesday&lt;br&gt;Camp’s favorite fashion!</td>
<td>Wave-y Wednesday&lt;br&gt;Wear your silliest beach apparel; from goggles and swim caps, to floaties and flippers.</td>
<td>Tropical Thursday&lt;br&gt;Tropical shirts and hula skirts! Show us your best Hawaiian luau outfit!</td>
<td>Camp Letts Day&lt;br&gt;Show off all of your Camp Letts gear!</td>
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<td><strong>Week 2</strong>&lt;br&gt;June 21–26&lt;br&gt;Pirate Week</td>
<td>Polly or Pirate Day&lt;br&gt;Dress up like a parrot OR a peg-legged pirate!</td>
<td>Twin Day&lt;br&gt;Find a twin and dress alike.</td>
<td>Treasure Chest Day&lt;br&gt;Bling and shiny clothes on this day! Whip out your pirates booty and where your blingy-est apparel.</td>
<td>Camp Letts Day&lt;br&gt;Show off all of your Camp Letts gear!</td>
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<td><strong>Week 3</strong>&lt;br&gt;June 28–July 3&lt;br&gt;Olympic Week</td>
<td>All Star Day&lt;br&gt;Rock your Olympic gear; sweatbands, running shoes, and all the athletic apparel</td>
<td>Toga Day&lt;br&gt;Show us your best bed-sheet togas!</td>
<td>International Day&lt;br&gt;So many different countries at camp, represent yours!</td>
<td>Camp Letts Day&lt;br&gt;Show off all of your Camp Letts gear!</td>
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<td><strong>Week 4</strong>&lt;br&gt;July 5–10&lt;br&gt;Wild West Week</td>
<td>Outlaws &amp; Sheriffs Day&lt;br&gt;Bandits and crooks, or cops and sheriffs! It’s your choice this Monday!</td>
<td>Crazy Hair Day&lt;br&gt;Crazy hair, don’t care! Beehive, spike, dye, or just roll right out of bed with the craziest hair.</td>
<td>Frontier Gear Day&lt;br&gt;Show us your best cowboys and cowgirls!</td>
<td>Camp Letts Day&lt;br&gt;Show off all of your Camp Letts gear!</td>
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<td><strong>Week 5</strong>&lt;br&gt;July 12–17&lt;br&gt;Super Hero Week</td>
<td>Cape Day&lt;br&gt;Every super hero should have a cape.</td>
<td>Super Hero Day&lt;br&gt;So many to choose from, dress as your favorite super hero.</td>
<td>Create Your Own Super Hero Day&lt;br&gt;Snow Cone Man, Veggie Girl, Super Fly Guy, create your own super hero!</td>
<td>Camp Letts Day&lt;br&gt;Show off all of your Camp Letts gear!</td>
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<td><strong>Week 6</strong>&lt;br&gt;July 19–24&lt;br&gt;Fairy Tale Week</td>
<td>Double Act Day&lt;br&gt;Some things come in pairs like Shrek and Fiona or pb and jelly, find a partner and pair up.</td>
<td>Rainbow Wednesday&lt;br&gt;Wear your favorite color or dress like the rainbow.</td>
<td>Storybook Day&lt;br&gt;So many stories, so many characters, dress as your favorite.</td>
<td>Camp Letts Day&lt;br&gt;Show off all of your Camp Letts gear!</td>
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<td><strong>Week 7</strong>&lt;br&gt;July 26–31&lt;br&gt;Hollywood Week</td>
<td>Celebrity Day&lt;br&gt;Show some love for a celebrity by becoming their doppelganger.</td>
<td>Cartoon Day&lt;br&gt;Dress like your favorite cartoon!</td>
<td>Super Star Day&lt;br&gt;Dress as your favorite Hollywood celeb or movie/TV character!</td>
<td>Camp Letts Day&lt;br&gt;Show off all of your Camp Letts gear!</td>
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<td><strong>Week 8</strong>&lt;br&gt;August 2–7&lt;br&gt;Halloween Week</td>
<td>Zoo Day&lt;br&gt;Lions and tigers and bears, oh my! Dress like your favorite animal.</td>
<td>Tie Dye Tuesday&lt;br&gt;Camp’s favorite fashion!</td>
<td>Decades Day&lt;br&gt;60’s hippies, 90’s grunge, choose a decade and represent.</td>
<td>Camp Letts Day&lt;br&gt;Show off all of your Camp Letts gear!</td>
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<td><strong>Week 9</strong>&lt;br&gt;August 9–14&lt;br&gt;Color War</td>
<td>Neon Day&lt;br&gt;Start your Monday on a bright neon note.</td>
<td>Tie Dye Tuesday&lt;br&gt;Camp’s favorite fashion!</td>
<td>States Day&lt;br&gt;Represent your state today, show those colors proudly!</td>
<td>Camp Letts Day&lt;br&gt;Show off all of your Camp Letts gear!</td>
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<td><strong>Week 10</strong>&lt;br&gt;August 17–21&lt;br&gt;Day Camp Only</td>
<td>Tie Dye Tuesday&lt;br&gt;Camp’s favorite fashion!</td>
<td>Trashin’ Fashion Day&lt;br&gt;Trash bag dresses, duct tape sandals, the possibilities are endless!</td>
<td>Camp Letts Day&lt;br&gt;Show off all of your Camp Letts gear!</td>
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YMCA Camp Letts 5th Annual Color War

Come prepared with RED and BLUE, you’ll be assigned a team on Monday. Compete, cheer, and repeat throughout the week. Will you help your team win the ultimate Color War Cup come Friday?

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Come prepared with RED and BLUE, you’ll be assigned a team on Monday. Compete, cheer, and repeat throughout the week. Will you help your team win the ultimate Color War Cup come Friday?
At Camp Letts, we aim to impact the lives of all our guests by providing memorable experiences that will nurture and inspire them for the rest of their lives.

Our Mission is to foster the spiritual, mental and physical development of individuals, families, and communities according to the ideals of inclusiveness, equality, and mutual respect for all.

Together, we will create a safe environment where our shared values will allow every individual to reach their full potential. The staff of the YMCA and its supporters will be socially responsible stewards of Camp Letts. By engaging our guests and advocating for healthy living and youth development, we will make the name Camp Letts synonymous with values driven Camping with in the United States for generations to come.
YMCA CAMP LETTS
P.O. Box 208
4003 Camp Letts Road
Edgewater, MD 21037
410-919-1400
www.campletts.org
Office Hours:
Monday to Friday
9:00am–5:00pm

OVERNIGHT & DAY CAMP

2020 SESSION DATES
June 14 – August 28

2020 OPEN HOUSE DATES
December 8, January 19, February 9, March 15, April 5, & May 3 | 2:00–4:00pm

CAMP DAY
June 7, 2020 | 2:00–4:00pm
Meet your counselors, teach your family our camp activities, take a tour, and so much more!

ACTIVITIES OFFERED
• Archery
• Basketball
• Canoeing
• Dance
• Fort Building
• Gaga Ball
• Horseback Riding
• Ninja Obstacles
• Sailing
• Soccer
• Street Hockey
• Swimming
• Tennis
• Volleyball
• Wood Burning
• Yoga
• Zumba
• Arts & Crafts
• Camp Fire Cooking
• Creative Writing
• Drama
• Friendship Bracelets
• High Adventure Course
• Kayaking
• Orienteering
• Paintball
• Sea Sled
• Stand Up Paddleboarding
• Survival Skills
• Team Games
• Ultimate Frisbee
• Water Skiing/Wake Boarding
• Zip Line
• And More!!!

A RURAL GEM CLOSE TO URBAN SETTINGS
Our location is unlike any other. YMCA Camp Letts offers rustic, riverfront surroundings not far from world-famous cities. We are located on a 219-acre peninsula off the Chesapeake Bay, overlooking 3 islands and a 2,600 acre preserve. We are within easy driving distance of Annapolis, Washington, DC and Baltimore.